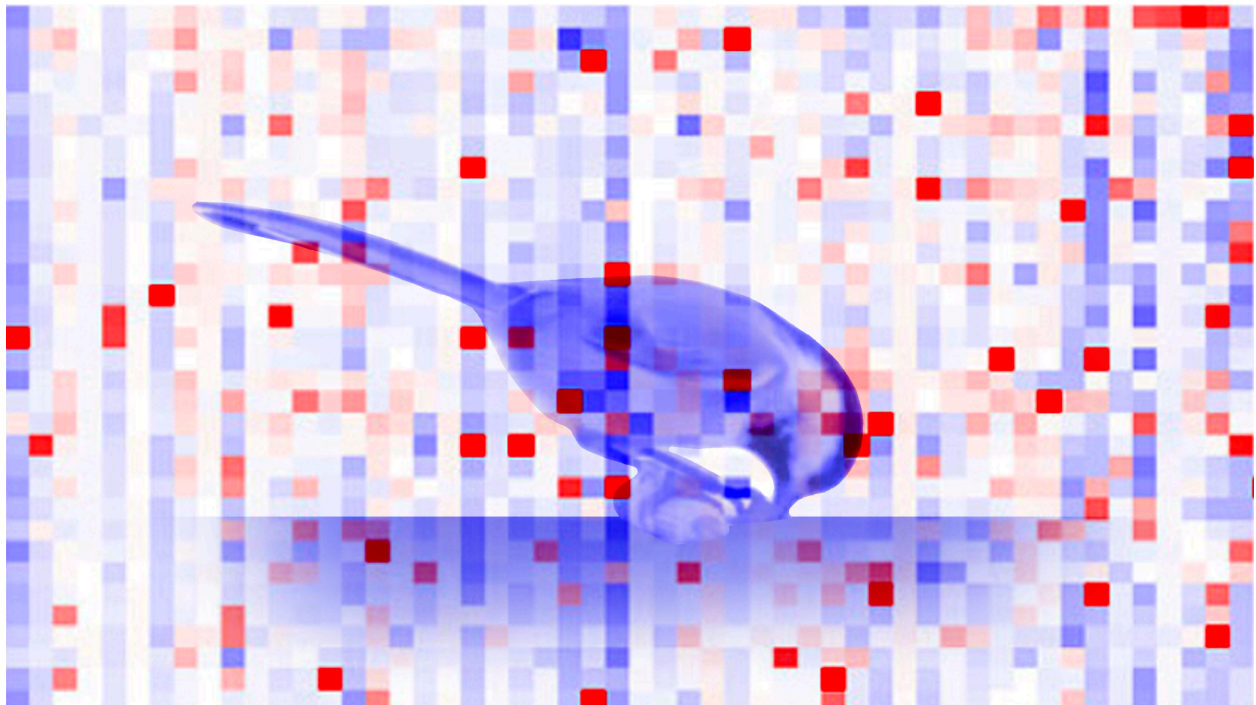


Chickadees are Memory Geniuses. Their Barcode-Like Neural Activity May Be To Thank.

Scientists find new patterns of electrical activity that may help the brain record and recall memories, not just in birds, but humans too



Chickadee caching a seed overlaid with a neural 'barcode' activity (Credit: Columbia's Zuckerman Institute)

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NEW YORK, NY — Black-capped chickadees have extraordinary memories that can recall the locations of thousands of morsels of food to help them survive the winter. Now scientists at Columbia's Zuckerman Institute have discovered how the chickadees can remember so many details: they memorize each food location using brain cell activity akin to a barcode. These new findings may shed light on how the brain creates memories for the events that make up our lives.

"We see the world through our memories of objects, places and people," said [Dmitriy Aronov](#), PhD, a principal investigator at Columbia's Zuckerman Institute and an

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assistant professor of neuroscience at Columbia's Vagelos College of Physicians and Surgeons. "Memories entirely define the way we see and interact with the world. With this bird, we have a way to understand memory in an incredibly simplified way, and in understanding their memory, we will understand something about ourselves."

This barcode-like formatting of memory, [revealed for the first time today](#) in the journal *Cell*, may be a common tactic in animal brains, including those of humans. "There are many findings in humans that are totally consistent with a barcode mechanism," said postdoctoral research fellow [Selmaan Chettih](#), PhD, the study's co-first author along with Emily Mackevicius, PhD.

Chickadees are "memory geniuses," said Dr. Aronov, the study's corresponding author. They are masters of episodic memory — the brain's ability to recall specific moments, such as stashing a bit of food away under tree bark or in a knothole. This can prove a matter of life or death for them, since unlike most birds that live in cold places, chickadees don't migrate during the winter. This means their survival hinges on remembering where they hid food during warmer months, with some making up to 5,000 of these stashes per day.

Scientists have long known that these birds rely on the hippocampus—a brain structure critical for memory in all vertebrates, including humans—for storing memories of their caches. However, no one had identified the specific neural activity in the hippocampus that encodes episodic memories such as food-caching events.

"The question we're trying to answer is, 'What physically is a memory?'" Dr. Chettih said.

Chickadees may help scientists unlock this mystery. To explore the prodigious memories of chickadees, Dr. Aronov and his team built [indoor arenas](#) inspired by the birds' natural habitats.

"Scientists have marveled at the memory of these birds for decades, but what has been a mystery is what was going on in their brains to support these memories," said Dr. Aronov. "Now we have neural recording and behavior tracking tools at our disposal to advance our knowledge of how these birds are capable of these feats of memory."

In typical experiments, a black-capped chickadee instinctively hides sunflower seeds in holes in the arenas as the researchers monitor activity in the hippocampus. Meanwhile, six cameras also record the birds as they flit about, with an artificial intelligence system automatically tracking them as they stash and retrieve seeds.

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The scientists unexpectedly found that each time a chickadee stashed a seed, hippocampal neurons fired in a unique pattern. These fleeting patterns reactivated when the birds retrieved that specific food cache.

"These are very striking patterns of activity, but they're very brief — only about a second long on average," Dr. Chettih said. "If you didn't know exactly when and why they happened, it would be very easy to miss them." As the researchers mulled over their data, the idea of neural barcodes as unique labels for different events began to make sense, they said.

These barcode patterns exist independently from the activity of hippocampal neurons, called place cells, which encode memories of locations. Each barcode remains distinct, even when it comes to stashes hidden at the same place but different times, or at neighboring stashes made in quick succession.

"Many hippocampal studies have focused on place cells, with the Nobel Prize awarded for their discovery in 2014," Dr. Aronov said. "So the assumption in the field was that episodic memory must have something to do with changes in place cells. We find that place cells don't actually change when birds form new memories. Instead, during food caching, there are additional patterns of activity beyond those seen with place cells."

Going forward, the researchers want to see if the chickadees activate barcodes when looking for caches from remote locations.

"That's what we might expect if they are planning to retrieve a cached item before they actually do it," Dr. Chettih said. "We want to identify those moments when a bird is thinking about a location but it's not there yet, and see if activating a barcode might drive a bird to go to a cache."

The researchers are also eager to know if the barcoding tactic they have uncovered chickadees is in widespread use among other animals, including humans. Such research may help shed light on a core part of the human experience.

"If you think about how people define themselves, who they think they are, their sense of self, then episodic memories of particular events are central to that," Dr. Chettih said. "That's what we're trying to understand."

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The [paper](#), "Barcoding of episodic memories in the hippocampus of a food-caching bird," was published online in *Cell* on March 29, 2024.

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The authors report no conflicts of interest.